

RIVERSIDE MEDICAL, INC.
HOME SAFETY INSTRUCTIONS

TELEPHONE:

Emergency numbers should be placed near the phone.

BATHROOMS:

Tubs and showers should be equipped with non-stick surfaces to avoid falls.
Grab bars should be installed to assist transfer in tub, toilet, and shower areas.

STAIRS AND HALLWAYS:

Stairs and hallways should always be well lit.
Stairs and hallways should be free from blockages.

ELECTRICAL SAFETY:

Multiple outlets adaptors should not be used on electrical outlets.
Extension cords must be appropriately placed and not be overloaded.
Damaged cords should be replaced.

******NOTE**** THE RULE FOR HOME CARE IS THAT THE DIAMETER OF THE
EXTENSION CORD IS EQUAL TO OR GREATER THAN THE DIAMETER OF
THE CORD YOU ARE PLUGGING INTO.**

OUTSIDE THE HOME:

Pathways, walkways, stairways, and entryways should be clear of anything that could cause a fall such as toys, snow, ice, leaves, garbage, etc.

FIRE SAFETY:

At least one smoke detector should be on every level in the home.
Develop an exit plan to evacuate you and your family in the event of a fire.
Designate emergency exits.
Kerosene heater, wood stoves, and fireplaces should not be left unattended.